TOLEDO START HIGH SCHOOL

START SPARTANS

2009 YOUTH FOOTBALL CAMP

5TH GRADE - 8TH GRADE **JUNE 23, 24, 25**

STANDARD MORNING SCHEDULE

9:15 – 9:30	Camper Arrival @ Stadium
9:30 – 9:45	Chalk Talk / Instruction
9:45 – 10:00	Stretch / Form Run

------DEFENSE------

10:00 – 10:15	Individual Routine
10:15 – 10:30	Individual Instruction
10:30 – 10:45	Group
10:45 – 11:00	7 on 7 Pass / Pass Rush
11:00 – 11:10	Break / Water

-----OFFENSE-----

11:10 –11:25	Individual Routine
11:25 – 11:40	Individual Instruction
11:40 – 11:55	Group
11:55 – 12:10	7 on 7 Pass / Pass Protection
12:10 – 12:30	Team Competitions

The entire Spartan Coaching Staff will be instructing the camp at the **Start High School STADIUM** along with some area junior coaches. The Spartan Football Camp provides complete onsite supervision for all campers at all times. Parents are welcome to all CAMP practices, but please remain on the sidelines or in the stands for your own protection.

THE 3-DAY CAMP WILL RUN FROM 9:30 AM TO 12:30 PM - COST IS $15.00

Our Spartan Football camp will give players a solid football foundation of fundamentals, introductory skills, leadership and confidence. We focus on teaching in a positive manner from the ground up, working with individual, group and team concepts. Our goal is to have each camper leave camp with confidence in themselves and an excitement for the great game of football.

Please make checks payable to: **Spartan Football**
Send registration, payment and signed waiver to:
Start High School
Football Office
2100 Tremainesville
Toledo, Ohio 43613 **for questions, please contact camp director, Coach John Willis at (419) 870-7203

***** Please register before June 1st 2009**

2009 SPARTAN FOOTBALL YOUTH CAMP REGISTRATION FORM

Camper Name: _____ Age: _____

Address: _____

City: _____ Zip: _____

Phone Number: _____

Parent (Guardian) Name: _____

Youth Football Team: _____ Grade 5th 6th 7th 8th

Emergency Contact: _____

Phone Number: _____

T-Shirt Size: S M L XL XXL

Read WAIVER and RELEASE and sign

_____
Parent/Guardian Signature Date

WAIVER and RELEASE…
The Start High School, Coaching Staff, and/or Toledo Public schools are not responsible for any injuries. Each individual participates at his/her own risk. Coaches, staff members and facilities will be provided. Parent signature must be provided on this registration form for participation.